

## *Being Clear and Concise – Principle 4*

Your current life is the result of your past thoughts and actions. Only YOU are in control of your thoughts, your feelings, what you say and what you do, what you watch, what you read, what you listen to, the people you associate with. Only YOU control everything in your life!

There are 3 things you have control over in your life

1. The thoughts you think
2. The images you visualize
3. The actions you take

Now we need to think about how you respond to an event or situation. The outcome relies upon your response. It is your response to everything that provides the outcome.

You must be clear and concise about what you want. You have the power to achieve anything you desire. This power is in your MIND. Your mind consists of the power of will, the power of feeling, the power of desire and the power of thought. To use the power of the mind, every action should be towards your goal and constantly in that direction. Be definite and positive. When you are in a positive mindset you are never nervous or disturbed, never agitated or strained. The more positive you are, the calmer you are and the more controlled you are. Direct your MIND in a calm and controlled manner daily and you will steadily realize your goal.

State your goals in positive way. Never state the things you don't want.

Phrase them positively.

"I want ....." **NOT** "I don't want....." **This is extremely important.**

Make your goal as attractive to your MIND as you possibly can. The clearer the picture, the greater to drive to achieve it.

Make a clear image of your desire and you will most certainly attract what is needed. This is clarity!

You will need to think about what is required to achieve your goal.